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## Water slide park costa rica

Costa Rica is an incredibly beautiful country, with a variety of landscapes. Every lifestyle has something to offer, from golf-breaking beaches to beautiful mountains. Many of the countries best beaches are still clean and clear of over-development. About three decades ago, this country decided to make a business of the foreign pensioner. The Costa Ricans invested in a formal and successful advertising campaign, aimed at Americans in the first place. Tens of thousands of would-be retirees from the United States accepted the invitation and moved to this beautiful country full of rainforests. The benefits were great: tax breaks, special pensioners discounts, great weather, and, above all, the super-cheap cost both of living and of owning beachfront property. Fast forward a few decades, and, thanks to investors and speculators, Costa Rica is not so cheap anymore, neither the cost of living nor the beach real estate. Meanwhile, prices have risen dramatically and infrastructure has not improved much at all. Facebook Tweet Email Send SMS Copyright © 2021 American Cancer Society, Inc. All rights reserved. The American Cancer Society is a qualified 501(c)(3) tax-free organization. | Conditions of use From city to sea, and with rainforest, volcanoes and mountains in between, Costa Rica is a paradise of opportunity. Make your restaurant-hop in the capital, fly through the forest, hike a volcano, spot toucans and sloths, tour a coffee plantation, restart on a retreat, and dive under the sea - all in one trip. But there is so much more to do, see and eat, that you want to return again and again. Let this list of 19 things to do in Costa Rica inspire an unforgettable journey. 01 of 19 Erin Donalson / Getty Images While sunset signals the end of the day for many, it's just the beginning for some Costa Rica residents, such as sloths, armadillos and the beloved red-eyed tree frog. To spot nocturnal creatures in action, head into the jungle on a guided night walk. Take you a guided night walk at Chilamate Rainforest Eco Retreat in Sarapiquí, Toucan Rescue Ranch in Heredia and with Desafío Adventure Company in Arenal. Wave Expeditions also offers a twist on the nighttime experience: a wildlife float along the Peñas Blancas River under the light of the stars and the moon. 02 of 19 MB Photography/Getty Images The term shinrin-yoku (taking in the forest atmosphere, or bathing in the forest) has Japanese roots, but the practice of spending time in nature is common in Costa Rica. And with so much green space in the country, there are endless opportunities for forest swimming. Book a guided forest bath experience with Sentir Natural and Manuela Siegfried, costa Rica's first certified forest therapy guide, leads you through invitations, activities will help slow down, take notice and connect with the natural environment around you. Reservations must be made in advance and forest bath experiences can be arranged for a outdoor spaces, including the Forest Reserve at the University of Peace, city parks in San José and Chilamate Rainforest Eco Retreat in Sarapiquí. 03 out of 19 Chris Jimenez / Getty Images Whether or not you consider yourself a birdwatcher, you could easily become a bird here where you can see a variety of colorful birds, including toucans, scarlet and green macaws, hummingbirds, kingfishers. Keep an eye on the quetzal while birdwatching in the cloud forests of Monteverde. Count green macaws during a bird walk in the Mesoam american Biological Corridor, where reforestation efforts have helped increase ARA numbers. If you're staying in Punta Islita, visit the Wild Scarlet Macaw Reserve to observe the birds and learn from the dedicated biologists there. Or spend several days bird watching with an expert on the Osa Peninsula, home to 453 species of birds. 04 of 19 It's almost impossible to sit still when you hear Costa Rican music. And why sit when you dance? A fun, no-pressure way to learn is an informal lesson with a local family in a rural Sarapiquí community (can be booked in advance on request). If you need some liquid courage, sign up for wine and salsa classes at La Fortuna, where you'll learn the basics of salsa, merengue, bachata and cumbia. Or get up and go to El Cuartel de la Boca del Monte in San José. They have live music on Mondays, Wednesdays and Fridays. Scan the crowd for a patient partner to help you practice your steps. Continue to 5 of 19 below. 06 of 19 OGphoto/Getty Images The colors in this country are sometimes so spectacular, your eyes need to blink to adjust. One of the beautiful shades of blue-green can be found in some mineral-rich rivers. You take a dip in the La Fortuna Falls, accessible via steep steps. A little further away and a lot less crowded are the waterfalls on the Kinkara grounds in Santa Elena where you book a river walk or waterfall experience. 07 out of 19 are happy! / Getty Images Every year from July to October, turtles nest on the beaches of Tortuguero. If you are visiting tortuguero National Park at this time, you should reserve an overnight walk on the beach. The turtles tend to come on the sand to lay their eggs and the babies usually wiggle their way out of the eggs and head for the water after sunset as well, so you have the best chance to see the action then. Plan to spend at least one night here, as it is a long journey by car/bus and boat. On the Pacific coast, from July to November, Hotel Punta Islita can ensure that turtles nest and hatch on Camaronal Beach. 08 of 19 Take confidence falls to the next level. On this waterfall excursion to Gravity Falls, you'll do five waterfall jumps alongside a 140-metre abseil, some scrambling and through narrow canyon passages. Although you can find waterfalls all over the country, this experience is exclusive to Gravity Falls. Continue to 9 of 19 below. 09 out of 19 billberryphotography / Getty Images Costa Rica is is to active volcanoes, which means that there are also thermal hot springs here. The waters are rich in minerals that are good for the skin. And time spent surrounded by the sounds and sights of the rainforest is demonstrably good for the soul. Save time in your schedule to slow down and enjoy natural hot springs at EcoTermales in La Fortuna. Or, if you're in the San José area, take a day trip Hacienda Orosi hot springs. 10 of 19 TripSavvy / Kathleen Messmer Different regions of Costa Rica have the ideal conditions for growing coffee: favorable climate, height, and mineral-rich soil. And when you land in San José, you'll fly to the Central Valley - one of the coffee-producing regions of the country. Just 20 minutes from the airport, at Finca Rosa Blanca, you will visit an organic coffee plantation and even do a coffee cupping where you will learn how to identify aromas and flavors like a pro. Or visit Mi Cafecito, a country coffee tour and restaurant that serves traditional Costa Rican food and supports local farmers, less than 1.5 hours from the airport. 11 of 19 OGphoto / Getty Images With a near perfect cone shape, Arenal Volcano is one of the world's most striking volcanoes. Trek across the lava fields at the foot of Arenal with an expert guide and learn about the history of this area. It is best to get up early; parts of the path are exposed to the sun which can warm things up quickly, and in the green season, rains often come in the afternoon. Take a group walk with Desafío Adventure Company or book an exclusive eco-experience with GreenSpot. 12 of the 19 Tour a chocolate farm to see how the cocoa plant becomes a chocolate bar. You'll also learn history and of course taste monsters along the way. Costa Rica Best Chocolate leads engaging and entertaining tours of their family-run organic chocolate farm. If you're traveling on the Osa Peninsula, you can book a chocolate tour that culminates with tropical fruit and chocolate fondue by Osa Wild, a locally run, community-minded ecotourism company. Continue to 13 of 19 below. 13 of the 19 Jen Edney/Getty Images With coasts on both sides of the country, it's no wonder Costa Rica attracts surfers and those who love to learn. Gentle waves, less crowds and patient instructors are a must. Playa Samara on the Nicoya Peninsula has all of the above. Spend some time with C&M/C Surf School to get the basics low, and soon you'll show up alone, cruising to the beach on your board. On the Caribbean side, Puerto Viejo has surf breaks for different skill levels. Caribe Fun Tours can arrange a 2.5 hour lesson to get you started (or rather, surf!). 14 out of 19 Malena Barrios/Getty Images If you've ever wondered what it's like to go through the rainforest with a birds-eye view, you can find out in Costa Rica. Zipline canopy tours are one of the most popular activities. Fly past the longest zipline cable over La Fortuna Waterfall on Arenal Mundo Aventura Big AMA tour. Or Or through the cloud forest at Barva Volcano with Canopy Adventure. 15 out of 19 You'll probably eat a lot of tortillas in your Costa Rica travels. But they seem to test better if you make them with your own hands. Take a tortilla lesson at the home of Doña María, a local chef in La Fortuna who exudes the pura vida spirit. She welcomes visitors into her kitchen to prepare tortillas before sitting down to feast on compida típica (typical or traditional food). 16 of the 19 raularosa/Getty Images Racing along rapids and floating on the river will be one of your most memorable experiences. Costa Rica has class 1 to Class V rapids, so whether you're a beginner or advanced, you'll find a route that matches your skill level. If you're in the Arenal area, Wave Expeditions and Desafío Adventure Company both offer a variety of rafting tours that can also be combined with other adventurous activities such as zipline. About an hour from Arenal, Chilamate Rainforest Eco Retreat sits on the Sarapiquí River and hosts the region's largest river festival. They work with guides who prioritize safety, so you can be sure you are booking a whitewater rafting tour with them. Whichever area you travel to, make sure you use a reputable company that adheres to weather and water warnings. Continue to 17 of 19 below. 17 of the 19 courtesies of Harmony Hotel When our tech gadgets freeze, crash, or stop working properly, the first thing we're told to do is reboot them. Costa Rica, with its abundance of rainforests and sea on each side, farm-to-fork foods, and pura vida attitude is an ideal place to reboot yourself. Try a retreat in Living Forest near Arenal Lake (and if you don't have time for a full retreat, check out weekly yoga classes or private healing sessions). Feed your body with organic food from the land and nourish your soul with restorative experiences such as sound healing at Kinkara. Or book a restoration week at The Harmony Hotel in the Blue Zone, a region where people are over 100 years old and learn some secrets of a happy and healthy life. 18 out of 19 There are some indigenous tribes that live in Costa Rica. GreenSpot organizes visits to the Bróran community, where guests can learn how to process cocoa and make traditional masks before sitting down to share a meal together. If you're in the Arenal area, Desafío can coordinate private visits (with prior notice) with members of the Maleku tribe to learn about their culture and traditions. Experience the ancestral culture of Bri Bri at Koswak Usure Lodge in Talamanca. If you don't have a chance to visit a community, you can learn about the indigenous cuisine in Sikwa in José. 19 of the 19 AndamanSE /Getty Images Although there are many adventures to be had on land, it would be a shame to come to Costa Rica and not explore under the sea. Travel across the tropical fjords of Golfo Dulce and snorkel near Piedras Blancas National Park with Osa Wild. If you're somewhere in between. Between. and in November you also watch dolphins and whales along the way. Or take part in a bioluminescence tour and experience the underwater light show from your kayak. Dive deep near Caño Island with Mad About Diving for a chance to see stingrays, whale sharks, turtles, white dot sharks, and more. More.

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